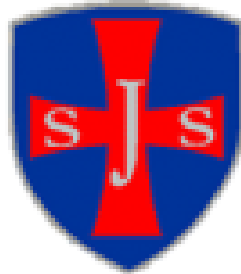


St Joseph's Catholic Primary School

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RELATIONSHIP AND SEX EDUCATION POLICY STATUTORY

Adopted by the Governing Body
at its meeting on:

12th May 2026

Signed:

A handwritten signature in black ink, appearing to read 'Stephen Kemp'.

Name:

Stephen Kemp

Position:

Chair of Resources Committee

Date:

12.05.2026

Review Date:

May 2027

Responsibility:

Resources Committee

'Growing with Jesus in our hearts, heads and hands.'

RELATIONSHIP AND SEX EDUCATION POLICY

MISSION STATEMENT

Growing together with Jesus in our hearts, heads and hands.

POLICY STATEMENT

The school aims to provide for the spiritual welfare, academic progress, physical development, and pastoral care of every child, within a secure, stable and stimulating atmosphere conducive to effective learning that reflects St Joseph's Catholic ethos.

“We are all made in the image and likeness of God. The greatest commandment is to love God and to love thy neighbour.”

This policy has been developed in line with the Catholic Education Service and Department for Education.

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APPENDIX I – PHSE, Citizenship and RSE Long Term Plan

1. INTRODUCTION

The DfE guidance affirms that “pupils and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way.” Within a Catholic school, this responsibility is rooted in our understanding of the human person as created and loved by God. Relationship and Sex Education therefore supports pupils in developing a secure knowledge of themselves as relational and moral beings, called to live in right relationship with God, with themselves and with others.

Our approach is not simply about imparting information, but about forming character. It helps pupils understand what it means to be fully human: capable of love, committed to truth, and responsible for the choices they make in conscience. Through this formation, pupils learn to recognise their own dignity and

the dignity of every person, and to appreciate the gift and purpose of the human body.

Our programme reflects and promotes Catholic values regarding the importance of stable, loving relationships, marriage and family life. It also nurtures the virtues such as respect, kindness, honesty and self-control, that enable pupils to respond generously to God's call to love others. In doing so, it prepares them to build healthy, respectful relationships and to contribute positively to the communities in which they live.

2. LEGAL REQUIREMENTS

Relationships and Sex Education became statutory in all primary schools in September 2020. We are legally required to teach those aspects of RSE which are statutory parts of National Curriculum Science. However, the reasons for our inclusion of RSE go further.

'I have come that you might have life and have it to the full' (Jn.10.10)

We are involved in relationships and sex education precisely because of our Christian beliefs about God and about the human person. The belief in the unique dignity of the human person made in the image and likeness of God underpins the approach to all education in a Catholic school. Our approach to RSE therefore is rooted in the Catholic Church's teaching of the human person and presented in a positive framework of Christian ideals. RSE will be firmly embedded in the PSHE framework as it is concerned with nurturing human wholeness.

All RSE will be in accordance with the Catholic Church's moral teaching. It will emphasise the central importance of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household they come from. It will also prepare pupils for life in modern Britain and in our world.

3. ROLES

3.1 PARENT

The Church recognises that parents are the first teachers of their children. It is their right and responsibility to inform and educate their pupils in matters relating to human relationships and sexual development. Our school seeks to work in partnership with parents who are able to discuss the content of any programme of RSE with the class teacher. The school website has a comprehensive overview of RSE curriculum including resources used and parents are informed of SRE each academic year.

3.2 GOVERNORS

- Draw up the RSE policy.
- Ensure that the policy is available to parents.
- Ensure that the policy is in accordance with other whole school policies, e.g., SEN, the ethos of the school and our Christian beliefs.
- Ensure that parents know of their right to withdraw their children.
- Establish a link governor to share in the monitoring and evaluation of the programme, including resources used.

-
- Ensure that the policy provides proper and adequate coverage of relevant National Curriculum science topics and the setting of RSE within PSHE/Citizenship (TenTen).

3.3 HEADTEACHER

Responsibility for the implementation of the RSE policy is delegated to the Headteacher, in liaison with the governors, parents, Diocesan Schools' Service and the Local Authority. It is the task of the Headteacher to integrate RSE into the curriculum.

3.4 RSE / PSHE LEADER

An appropriately trained RSE Leader will oversee curriculum planning, continuing professional development, training and support for teachers. With governors and the Headteacher, this person should ensure that parents are informed about when RSE takes place in the school and their right to withdraw their child. Elements of RSE will be delivered in different curricula areas.

3.5 TEACHERS AND OTHER ADULTS

Relationship and Sex Education is a whole school issue. All staff are involved in developing the personal and social skills that contribute to human flourishing. As well as delivering curriculum content in the classroom, staff are also role models around the school, giving examples of conflict resolution and establishing relationships of mutual trust and respect. All staff have a responsibility of care and safeguarding of pupils. They should actively contribute to guidance of the physical, moral and spiritual well-being of their pupils. This work must be in line with the school's Catholic ethos and current legislation.

4. THE AIM OF THE RELATIONSHIP AND SEX EDUCATION IN CATHOLIC SCHOOLS

AIM OF RSE AND THE MISSION STATEMENT

Our Mission Statement commits us to the education of the whole child and we believe that RSE is an integral part of this education.

In partnership with parents, we will provide pupils with a positive relationships and sexual education which is compatible with their physical, cognitive, psychological, and spiritual maturity, and rooted in a Catholic vision of education and the human person.

5. CURRICULUM CONTENT AND OVERVIEW

At St Joseph's, we follow 'TenTen: Life to the Full', as recommended for Catholic schools and this follows a two year cycle. We aim to give pupils equal access to the curriculum, which may include the use of single gender group discussions where appropriate. We plan to invite a school nurse to talk to the pupils if required and offer a mother/daughter talk in year 4. (See appendix 1)

Early Years Foundation Stage, Key Stage 1 and KEY STAGE 2

Module One: Created and Loved by God explores the individual. Rooted in the teaching that we are made in the image and likeness of God, it helps pupils to develop an understanding of the importance of valuing themselves as the basis for personal relationships.

Module Two: Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe.

Module Three: Created to Live in Community explores the individual's relationship with the wider world. Here we explore how human beings are relational by nature and are called to love others in the wider community through service, through dialogue and through working for the Common Good.

6. ANSWERING DIFFICULT QUESTIONS

All teachers are encouraged to use a "question and answer" box where pupils can ask questions anonymously. This also allows staff time to prepare suitable responses. If a child asks an explicit or difficult question, staff will answer appropriately in accordance with RSE learning outcomes. Teachers will suggest that questions raised outside these guidelines should be discussed with an adult at home or someone whom the child trusts. Teachers will discuss any specific concerns with parents.

7. PARENTS RIGHT OF WITHDRAWAL

The teaching within the Science National Curriculum is biological and is concerned with human reproduction. Parents cannot withdraw their child from this work. At St Joseph's, we believe in looking at RSE within a moral framework, but parents do have the right to withdraw their pupils from this part of the curriculum. Parents will be informed when RSE takes place.

8. CONFIDENTIALITY

A trusting relationship between pupils and staff is an important aspect of effective RSE; however, it is important for pupils to understand that staff cannot necessarily maintain absolute confidentiality. Pupils may be informed that confidential disclosures and "secrets" cannot necessarily be kept. When there is a disclosure by a child which carries Child Protection implications, staff are required to inform the Designated Safeguarding Lead.

9. MONITORING AND EVALUATION

The RSE Leader will monitor the provision of the programme at regular intervals. It will be evaluated annually, and results will be reported to SLT and governors. Governors will consider all such evaluations and suggestions before amending the policy. Governors remain ultimately responsible for the policy.

10. POLICY INFORMATION:

Policy drafted by Mrs. N. Philpott

This policy is to be reviewed **annually**.

Policy to be the responsibility of Curriculum and Standards Committee

Appendix 1

	Term	EYFS Module and Unit	Session Title
EYFS	Autumn	Module 1, Unit 1 Module 1, Unit 2	Handmade With Love (5 short sessions across a week) Session 1: I Am Me Session 2: Heads, Shoulders, Knees and Toes Session 3: Ready Teddy?
	Additional	School Mission Anti-Bullying Week NSPCC Pants Session Emotions (Colour Monster)	Non Statutory L1: Shared responsibility – what are rules, why are rules needed – class rules
	Spring 1	Module 1, Unit 3 Module 1, Unit 4	Session 1: I like, You like, We all like Session 2: Good feelings, Bad feelings Session 3: Let's Get Real Session 1: Growing Up
	Spring 2	Module 2, Unit 1 Module 2, Unit 2	Session 1: Role Model (2 sessions) Session 1: Who's Who? Session 2: You've got a friend in me Session 3: Forever Friends
	Additional	Children's Mental Health Week E-Safety	
	Summer 1	Module 2, Unit 3	Session 1: Safe inside and out Session 2: My Body, My Rules Session 3: Feeling Poorly Session 4: People Who Help US
	Summer 2	Module 3, Unit 1 Module 3, Unit 2	Session 1: God is Love Session 2: Loving God, Loving Others Session 1: Me, You Us
	Additional	E-Safety Transition	

	Term	Module and Unit	Session Title
Year 1	Autumn 1 Twinkl PHSE& Citizenship	Aiming High	1. Star Qualities 2. Positive Learners 3. Bright Futures 4. Jobs for all 5. Going for goals 6. Looking forward
	Autumn 2 TenTen RSE & Health Education	KS1 Module 1 KS1 Module 2 Unit 2	1. Story Sessions - Let the children come 2. God Loves You 1. Special people 2. Treat others well 3. Say sorry
	Additional Suggestions for autumn term	School Mission - Sept Class Rules – Sept Anti-Bullying Week - Nov	
	Spring 1 Twinkl PHSE& Citizenship	Diverse Britain	1. My School 2. My Community 3. My Neighbourhood 4. My Country 5. British People 6. What makes me proud to be British?
	Spring 2 TenTen RSE & Health Education	Ks1 Module 2, Unit 4	1. Good and Bad Secrets 2. Physical Contact 3. Harmful Substances 4. Can you help me? part 1 5. Can you help me? part 2
	Additional Suggestions for spring term	Children's Mental Health Week - Feb E-Safety - Feb NSPCC Pants	
	Summer 1 Twinkl PHSE& Citizenship	One World	1. Families 2. Homes 3. Schools 4. Environments 5. Resources 6. Planet Protectors
	Summer 2 TenTen RSE & Health Education	KS1 Module 3, Unit 1 Ks1 Module 3, Unit 2	1. Three in one 2. Who is my neighbour? 1. The communities we live in
	Additional	E-Safety Transition into next class (moving on)	

	Term	Module and Unit	Session Title
Year 2	Autumn 1 Twinkl PHSE & Citizenship	Aiming High	<ol style="list-style-type: none"> Star Qualities Positive Learners Bright Futures Jobs for all Going for goals Looking forward
	Autumn 2 TenTen RSE & Health Education	KS1 Module 1 KS1 Module 1, Unit 2	<ol style="list-style-type: none"> I am unique Girls and Boys Clean and Healthy part 1 Clean and Healthy part 2 NSPCC PANTS
	Additional Suggestions for autumn term	School Mission - Sept Anti-Bullying Week - Nov	
	Spring 1 Twinkl PHSE & Citizenship	Diverse Britain	<ol style="list-style-type: none"> My School My Community My Neighbourhood My Country British People What makes me proud to be British?
	Spring 2 TenTen RSE & Health Education	KS1 Module 1, Unit 4 KS1 Module 1, Unit 3	<ol style="list-style-type: none"> Good and Bad secrets Feelings, likes and dislikes Feeling inside out Super Susie gets angry
	Suggestions for spring term	Children's Mental Health Week - Feb E-Safety - Feb	
	Summer 1 Twinkl PHSE & Citizenship	Money Matters	<ol style="list-style-type: none"> Money Where money comes from Look after it Save or spend? Want or need? Going shopping
	Summer 2 TenTen RSE & Health Education	KS1 Module 3, Unit 1 KS1 Module 3, Unit 2	<ol style="list-style-type: none"> The Cycle of Life Beginnings and endings Real Life Online Rules to help us Three in one Who is my neighbour ?
	Additional	E-Safety Transition into next class (moving on)	

	Term	LKS2 Module and Unit	Session Title
Year 3	Autumn 1 Twinkl PHSE & Citizenship	Aiming High	<ol style="list-style-type: none"> Star Qualities Positive Learners Bright Futures Jobs for all Going for goals Looking forward
	Autumn 1 TenTen RSE & Health Education	LKS2 Module 1, Unit 1 LKS2 Module 2, Unit 1	<ol style="list-style-type: none"> Story sessions Get up The Sacraments Story Sessions Jesus, my friend
	Additional	Class Rules School Mission Anti-Bullying Week NSPCC Pants	<p>L1: Shared responsibility – what are rules, why are rules needed, why are laws needed and what are the consequences of breaking rules and laws.(class rules)</p> <p>L7: Communities – To value different contributions that people and groups make in the community (inclusion, diversity)</p> <p>L8: diversity: what it means, benefits of living in a diverse community, valuing diversity</p>
	Spring 1 Twinkl PHSE & Citizenship	Diverse Britain	<ol style="list-style-type: none"> My School My Community My Neighbourhood My Country British People What makes me proud to be British?
	Spring 2 TenTen RSE & Health Education	LKS2 Module 2, Unit 2 LKS2 Module 2, Unit 3 LKS2 Module 2, Unit 4	<ol style="list-style-type: none"> Family, friends and others When things feel bad Sharing Online Chatting online Safe in my body Drugs, Alcohol and Tobacco
	Additional	Children's Mental Health Week	
	Summer 1 Twinkl PHSE & Citizenship	One World	<ol style="list-style-type: none"> Families Homes Schools Environments Resources Planet Protectors
	Summer 2 TenTen RSE & Health Education	Module 2, Unit 4 Module 3, Unit 1 Module 3, Unit 2	<ol style="list-style-type: none"> First Aid Heroes A Community of Love What is the Church? How do I love others?
	Additional	Earth Day	

	Term	KS1 Module and Unit	Session Title
Year 4	Autumn 1 Twinkl PHSE& Citizenship	Aiming High	<ol style="list-style-type: none"> Star Qualities Positive Learners Bright Futures Jobs for all Going for goals Looking forward
	Autumn 1 TenTen RSE & Health Education	LKS2 Module 1, Unit 1 LKS2 Module 1, Unit 3	<ol style="list-style-type: none"> Get Up What am I feeling? What am I looking at? I am thankful
	Additional	School Mission Anti-Bullying Week NSPCC Pants	L1: Shared responsibility – what are rules, why are rules needed, why are laws needed ad what are the consequences of breaking rules and laws.(class rules) L7: To value different people and groups make in the community (inclusion, diversity)
	Spring 1 Twinkl PHSE& Citizenship	Diverse Britain	<ol style="list-style-type: none"> My School My Community My Neighbourhood My Country British People What makes me proud to be British?
	Spring 2 TenTen RSE & Health Education	LKS2 Module 1, Unit 2	<ol style="list-style-type: none"> We don't have to be the same Respecting our Bodies What is puberty? Changing Bodies Male/ Female Discussion Groups
	Additional	Children's Mental Health Week Earth Day	L12:how to assess the reliability of sources of information online; make safe, reliable choices from search results
	Summer 1 Twinkl PHSE& Citizenship	Money Matters	<ol style="list-style-type: none"> Money Where money comes from Look after it Save or spend? Want or need? Going shopping
	Summer 2 TenTen RSE & Health Education	LKS2 Module 1, Unit 4 LKS2 Module 3, Unit 1	<ol style="list-style-type: none"> Life Cycles A Time for Everything A Community of love What is the Church? How do I love others?
	Additional	E-Safety Transition into next class (moving on)	Transition – moving on to next class L5: Communities – learn about the different roles and responsibilities people have

	Term	UKS2 Module and Unit	Session Title
Year 5	Autumn 1 Twinkl PHSE& Citizenship	Aiming High	<ol style="list-style-type: none"> Star Qualities Positive Learners Bright Futures Jobs for all Going for goals Looking forward
	Autumn 1 TenTen RSE & Health Education	UKS2 Module 1, Unit 1 UKS2 Module 2, Unit 1 UKS2 Module 2, Unit 3	<ol style="list-style-type: none"> Story Sessions Calming the Storm God is calling you Under Pressure Do you want a piece of cake? Self-Talk
	Additional	School Mission/Class Rules Anti-Bullying Week	
	Spring 1 Twinkl PHSE& Citizenship	Diverse Britain	<ol style="list-style-type: none"> My School My Community My Neighbourhood My Country British People What makes me proud to be British?
	Spring 2 TenTen RSE & Health Education	UKS2 Module 2, Unit 3 UKS2 Module 2, Unit 4	<ol style="list-style-type: none"> Sharing isn't always caring Cyberbullying Types of abuse Impacted Lifestyles Making good choices Giving assistance
	Additional	Children's Mental Health Week Earth day	
	Summer 1 Twinkl PHSE& Citizenship	Money Matters	<ol style="list-style-type: none"> Money Where money comes from Look after it Save or spend? Want or need? Going shopping
	Summer 2 TenTen RSE & Health Education	UKS2 Module 1, Unit 4 UKS2 Module 3, Unit 1	<ol style="list-style-type: none"> Menstruation – alternatively, the mums and daughters chat The Holy Trinity Catholic Social Teaching Reaching Out
	Additional	E-Safety Transition into next class (moving on)	Transition – moving on to next class

	Term	UKS2 Module and Unit	Session Title
Year 6	Autumn 1 Twinkl PHSE& Citizenship	Aiming High	<ol style="list-style-type: none"> 1. Star Qualities 2. Positive Learners 3. Bright Futures 4. Jobs for all 5. Going for goals 6. Looking forward
	Autumn 1 TenTen RSE & Health Education	UKS2 Module 1, Unit 2 UKS2 Module 1, Unit 3	<ol style="list-style-type: none"> 1. Gifts and Talents 2. Girls' Bodies 3. Boys' Bodies 4. Spots and Sleep <ol style="list-style-type: none"> 1. Body image 2. Peculiar Feelings
	Additional	School Mission Anti-Bullying Week	
	Spring 1 Twinkl PHSE& Citizenship	Diverse Britain	<ol style="list-style-type: none"> 1. My School 2. My Community 3. My Neighbourhood 4. My Country 5. British People 6. What makes me proud to be British?
	Spring 2 TenTen RSE & Health Education	UKS2 Module 1, Unit 3	<ol style="list-style-type: none"> 1. Emotional Changes 2. Seeing Stuff Online 3. Making Babies Part 1 4. Making Babies Part 2 5. Menstruation 6. Hope Beyond Death
	Additional	Children's Mental Health Week e-safety	<p>L13: about some of the different ways information and data is shared and used online, including for commercial purposes</p> <p>L14: about how information on the internet is ranked, selected and targeted at specific individuals and groups; that connected devices can share information</p> <p>L16: about how text and images in the media and on social media can be manipulated or invented; strategies to evaluate the reliability of sources and identify misinformation</p>
	Summer 1 Twinkl PHSE& Citizenship	One World	<ol style="list-style-type: none"> 1. Families 2. Homes 3. Schools 4. Environments 5. Resources 6. Planet Protectors
	Summer 2	UKS2 Module 2, Unit 2 UKS2 Module 3, Unit 1 UKS2 Module 3, Unit 2	<ol style="list-style-type: none"> 1. Build others up <ol style="list-style-type: none"> 1. The Holy Trinity 2. Catholic Social Teaching <ol style="list-style-type: none"> 1. Reaching Out 2. TRANSITION TO Y7